

# Gelatein® 20

High protein, sugar-free gelatin

Fruit Punch, Lime, Orange, and Grape Flavors



- 20 g protein
- Low electrolytes

## FEATURES AND SPECIFICATIONS

Kcal/mL..... 0.68

### Caloric Distribution (% of kcal)

Protein..... 99%  
Carbohydrate..... 1%  
Fat..... 0%

### Protein Source:

Hydrolyzed collagen  
Whey protein isolate

HCPCS Code: A9270

### Appropriate for these diets:

Clear Liquid, Low Fat, Cholesterol Modified, Gluten Free, Fluid Restricted, Carbohydrate Controlled, Dysphagia Thickened Liquid

**Allergen:** Milk

Lactose Free

**Contains no Vitamin K. Contains citrus.**

**Shelf Life:** 18 months

Shelf stable

### Ordering information:

Item Number	Case UPC	Billing Code	Packaging
11691 Orange	5-07-94688-11691-1	94688-0116-91	36/4 fl. oz. single serve cups
11692 Lime	5-07-94688-11692-8	94688-0116-92	36/4 fl. oz. single serve cups
11693 Fruit Punch	5-07-94688-11693-5	94688-0116-93	36/4 fl. oz. single serve cups
11681 Grape	5-07-94688-11681-2	94688-0116-81	36/4 fl. oz single serve cups

Appropriate for nectar, honey, and pudding thick consistency diets.

Aligns with IDDSI Level **4** **EXTREMELY THICK**

### A convenient and good tasting high protein, sugar-free snack:

Pressure injury and wound healing  
Bariatric/Gastric surgery  
Renal Disease  
Pre and Post operative surgery  
Chronic diarrhea  
COPD  
Oncology  
Fat Malabsorption  
HIV/Aids  
Protein Malnutrition

For oral use only.

Not a sole source of nutrition.

A high protein gelatin.

**NOT FOR PARENTERAL USE**

## FOR THE DIETARY MANAGEMENT OF PROTEIN DEFICIENCY

ProSource® Gelatein® 20 has been called the best tasting protein supplement available. It provides 20 grams of sugar-free protein in a great tasting gelatin dessert. *Simply Delicious!* This is a shelf stable product that contains a concentrated amount of protein which is sugar free, gluten free, lactose free and suitable for a clear liquid diet, restricted electrolyte diets and also suitable for the dysphagia diet.

Each 4 fl oz. serving provides almost twice as much protein as found in typical supplements and the citrus flavors provide a pleasant change of taste for your patients, improving compliance.

Increased protein requirement or conditions requiring protein.<sup>5,6,12,38</sup>

**Ingredients (Orange):** Water, Protein (from collagen hydrolyzate and whey protein isolate), Malic Acid, Carrageenan and Locust Bean Gum, Natural Flavors, Potassium Citrate, L-Tryptophan, Sucralose, Acesulfame Potassium, Potassium Sorbate and Sodium Benzoate (preservatives), Yellow 6. **Contains Milk.**

**Ingredients (Lime):** Water, Protein (from collagen hydrolyzate and whey protein isolate), Malic Acid, Carrageenan and Locust Bean Gum, Natural Flavor, Potassium Citrate, L-Tryptophan, Sucralose, Acesulfame Potassium, Potassium Sorbate and Sodium Benzoate (preservatives), Yellow 5, Blue 1. **Contains Milk.**

**Ingredients (Fruit Punch):** Water, Protein (from collagen hydrolyzate and whey protein isolate), Malic Acid, Carrageenan and Locust Bean Gum, Natural Flavors, Potassium Citrate, L-Tryptophan, Sucralose, Acesulfame Potassium, Potassium Sorbate and Sodium Benzoate (preservatives), Red 40. **Contains Milk.**

**Does not contain strawberries.**

**Ingredients (Grape):** Water, Protein (from collagen hydrolyzate and whey protein isolate), Malic Acid, Carrageenan and Locust Bean Gum, Natural Flavors, Potassium Citrate, L-Tryptophan, Sucralose, Acesulfame Potassium, Potassium Sorbate and Sodium Benzoate (preservatives), Red 40, Blue 1. **Contains Milk.**

Suitable for the Dysphagia Diet.

## Nutrition Facts

14 servings per container  
Serving Size: 1 Cup (4fl.oz./118 mL)

Amount Per Serving	Lime Flavor	Grape Flavor
<b>Calories</b>	<b>80</b>	<b>90</b>

% Daily Values\*

<b>Total Fat</b> 0g	<b>0%</b>	0g	<b>0%</b>	0g	<b>0%</b>
Saturated Fat 0g	<b>0%</b>	0g	<b>0%</b>	0g	<b>0%</b>
Trans Fat 0g		0g		0g	
<b>Cholesterol</b> 0mg	<b>0%</b>	0mg	<b>0%</b>	0mg	<b>0%</b>
<b>Sodium</b> 30mg	<b>1%</b>	25mg	<b>1%</b>	45mg	<b>2%</b>
<b>Potassium</b> 120mg	<b>2%</b>	136mg	<b>2%</b>	160mg	<b>4%</b>
<b>Phosphorus</b> 0mg	<b>0%</b>	0mg	<b>0%</b>	3mg	<b>0%</b>
<b>Total Carbohydrate</b> <1g	<b>0%</b>	<1g	<b>0%</b>	2mg	<b>1%</b>
Dietary Fiber <1g	<b>3%</b>	<1g	<b>3%</b>	<1g	<b>3%</b>
Total Sugars 0g		0g		0g	
Includes 0g Added Sugars	<b>0%</b>	0g	<b>0%</b>	0g	<b>0%</b>
<b>Protein</b> 20g	<b>40%</b>	20g	<b>40%</b>	20g	<b>40%</b>
Vit. D 0mcg	0%	0mcg	0%	0mcg	0%
Calcium 52mg	4%	57mg	4%	20mg	2%
Iron 0mg	0%	0mg	0%	0mg	0%
Vit. K 0mcg	0%	0mcg	0%	0mcg	0%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.